

Heavenly Heat Saunas*

800-697-2862

2012: 25 years of supplying the finest sauna rooms!



Model A+

A 2-person combination sauna: Far-Infrared with a stainless steel Finnish heater

Choose from Traditional, Far-Infrared, & Combination Models

*Heavenly Heat Saunas are built of
white poplar wood & tempered glass*

Wood glue, laminates, plywood, & varnish are never used

Made in the U.S.A.

Heavenly Heat was founded 25 years ago as one of America's first distributors of far-infrared (FIR) saunas. We found that these imported saunas were built with adhesives and other materials that were objectionable to chemically-injured folks, so we began building saunas they could safely use. As a result, *Heavenly Heat* saunas are built for optimal safety and effectiveness. Only the best materials are used, with innovative construction methods that avoid the use of glues.

Despite the hype, many saunas promoted for detox are constructed with materials that make them inappropriate for detoxification. Our saunas provide an ideal detox environment. Anyone seeking to eliminate toxic substances from their body can appreciate the value and wisdom of using a sauna that's as safe as those required by chemically sensitive persons.

For *Heavenly Heat* to obtain the ideal sauna-detox environment:

- Each sauna is built without wood glue, varnish, or plywood.
- Only the highest, "clear" grade of white poplar is used - for all wooden parts of each sauna.
- All framing boards are securely screwed together, rather than nailed and glued, as others do.
- All windows are made of strong heat-tempered glass.
- Window gaskets are custom-milled poplar rather than common synthetics.
- Lights are plain metal and glass, rather than typical coated metal or plastic.
- "Gadgets" like CD players and ionizers are excluded to limit the heating of synthetics.
- Each sauna has a passive venting system for an automatic, constant air-exchange.
- Our far-infrared heaters are tested to assure low electro-magnetic fields (EMF).
- For highly sensitive individuals, mostly-glass units are available, at no added charge.
- Each bather controls the intensity of the infrared energy nearest to them from within the sauna.
- A carbon filter purifies the air leaving the sauna, before it enters your living space.
- Wall-connecting latches (used in FIR models) are stainless steel; door latches are brass.

Two of the most highly regarded sauna detox programs for the chemically injured are at the EHC-Dallas, run by Dr. William Rea, and the Nova Scotia-EHC, the clinic for Canadians diagnosed with "multiple chemical sensitivity". Both medical clinics have used a *Heavenly Heat* sauna successfully for many years.



The Heavenly Heat sauna @ EHC-D



The HH sauna for Canadian MCS patients

Why Sauna?

Dr. Dietrich Klinghardt has written: “Peer reviewed literature shows that sweating during sauna therapy eliminates high levels of toxic metals, organic compounds, dioxin, and other toxins.” Dr. Klinghardt has recommended *Heavenly Heat* saunas since 2006.

The following are quoted snippets from various articles and studies on toxic metals:

- a. “Analyses of the patient's sweat indicated that appreciable amounts of mercury were excreted by this route.”
- b. “The mean concentrations of nickel and cadmium in sweat were higher than those reported for urine; that of lead was similar to urine.”
- c. “By far the earliest known form of therapy” (to induce mercury excretion), “and possibly still the most effective, is the induction of sweating by the use of sauna or steam baths.”
- d. “... sauna therapy of an individual with evidence of chronic mercurialism was effective at inducing a remarkable excretion of mercury via the sweat.”
- e. “the total amount of mercury excreted in the sweat (in workers who perspired profusely) during 90 minutes ranged from 50% to 90% of that found in a 16-hour composite sample of urine.” (Lovejoy, et al.).
- f. “Sweating does indeed increase mercury excretion. Probably an hour or two of sauna is the same as 50 mg of DMSA every 4 hours for a day.”

Dr. William Rea, founder of *The Environmental Health Center – Dallas*, is considered the foremost expert on chemical sensitivity. He has put thousands of severely chemically injured patients through sauna detox. He has used a *Heavenly Heat* sauna since 1994. At the 2007 annual meeting of the “American Academy of Environmental Medicine”, Dr. Rea gave a talk on his detox program and the data on the chart# below was presented:

SAUNA EFFECTIVE RATE FOR REMOVAL OF CHEMICALS EHC-DALLAS ©	
CHEMICAL	%
STYRENE	100
CHLOROFORM	90
DICHLOROBENZENES	90
TRIMETHYLBENZENES	88.9
DICHLOROMETHANE	77.3
BENZENE	72.7
TRICHLOROETHYLENE	68.4
XYLENES	60.9
ETHYLBENZENE	60.9
TETRACHLOROETHYLENE	60.4
TOLUENE	55.3
1,1,1,-TRICHLOROETHANE	48.9

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a. *Clinical response to therapeutic agents in poisoning from mercury vapor*. Sunderman, FW., Ann Clin Lab Sci. 1978 Jul-Aug; 8(4).

b. *The excretion of trace metals in human sweat*. Cohn JR and EA Emmett. Ann. of Clinical and Laboratory Science, Vol. 8, Issue 4.

c./d. *Industrial exposure to mercury*. Dr. Woodhall Stopford, Duke Univ. Med. Center. *Biogeochemistry of Mercury*, Amsterdam Elsevier, 1979.

e. From “*Mercury Study Report to Congress, Volume V: Health Effects of Mercury and Mercury Compounds*”, 1997, the United States E.P.A.

f. Andy Cutler, PhD., on the Autism-Mercury support group.

Not Just Any Sauna - Important Distinctions

Rather than pay the greater costs to build safer saunas, companies choose instead to create the impression that their saunas are built like ours. They'll use the same or a similar low-resin wood for the visible paneling and describe their saunas as made of non-toxic wood or as hypoallergenic. The unsuspecting may assume that they are also made for people who are chemically ill or have allergies, while the truth is an entirely different matter.

Wood selection is a key first step in creating safer saunas and the primary way to create a false impression of safer saunas. Describing saunas by their visible wood can be used to conceal other, often toxic, construction materials. Such false impressions are reinforced by not openly revealing the other components. For instance, saunas may be described as hypoallergenic without revealing that: the concealed wood is an entirely different species; plywood is used; the paneling is nailed to a glue-coated frame; the exterior is coated or varnished, etc.

Most FIR saunas are built with gobs of adhesives as it makes construction faster and easier than building without them, and it allows for the use of thin, cheaper wall paneling. They are built like many cabinets are - thin wood is glued-on and often backed by plywood. They are manufactured for rapid production, economy, and appearance - not for the "purity" found in our medical-quality detox saunas.

FIR sellers downplay the glue factor by claiming to use small amounts of water-based glue. Some carpenter's glues are labeled "non-toxic", but they are not chemical-free. Most are water-emulsified plastic with chemical additives (biocides, preservatives, etc.). Glue can wear down in saunas and the temperature shifts stress the wood. In each FIR sauna we've inspected, lots of glue was used - the construction was adhesive-reliant as these thin-panel saunas would risk durability if just a "few drops" of glue were used. While detoxifying, the last thing you want to do is sweat out one toxin and inhale fumes of another!

Heavenly Heat's use of non-corrosive steel screws and thicker paneling assures that each sauna has both the clean air that is essential for effective detox, as well as the strength needed to last for decades. Each sauna is built in Arizona and shipped crated and insured.



Each board is being double screwed at each end with non-corrosive steel screws.

Three types of saunas are offered:

- *Traditional* - 5 Finnish models with stones. Add *FIR* with options.
- *FIR* - 4 all-infrared models (and custom 4-6 person units are available).
- *Combination* - A 2-person “combo” model with both types of heating.

Traditional Models

Model	Ext. Size	Description (M's are 6'5" tall, with dual-height seating; all others are 1-level seats @ 6' tall)
A	3'0" x 4'2"	: A comfortable personal sauna; with a 110V (A1) or a 240V (A2) heater.
C	3'0" x 5'4"	: A personal sauna for stretching out; requires a 240V heater.
M1	4'7" x 6'2"	: An exceptionally comfortable home sauna for 2 or 3.
M2	4'7" x 7'6"	: For ultimate comfort for a couple, a small family, or a clinic.
M3	5'9" x 7'6"	: Our largest unit for families and clinics.

The Combination Sauna – FIR & Traditional

A+	4'2" x 4'3"	: For 2, with authentic stone heating (120V or 240V) & FIR.
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FIR Saunas

FIR1	3'4" x 4'5"	: A personal sauna with 6 FIR heaters, designed for full body exposure.
FIR2	3'9" x 4'3"	: A large, standard style, 2-person FIR sauna with 5 FIR heaters.
FIR2DX	3'9" x 4'6"	: A larger, deluxe, 2-person FIR sauna with 6 FIR heaters.
FIR3	3'9" x 5'11"	: An extra-long 3-person FIR sauna with 8 FIR heaters.
FIR4	4'6" x 6'1"	: A 4-person model with 8 FIR heaters for families & clinics

The *M* models require professional hookup. All others include power cords. Standard features in all models include: extra-wide benches, a towel bar, an air filter, and a tempered glass door.

Options

You can customize the sauna with options: *GL* - more or less glass; *L* - a light in a mostly-glass room; *RB* - add a *FIR* backrest in a traditional model; *XIR* - add an extra *FIR* heater; *S* - apply a safe, water-based exterior sealant; *A* - an extra carbon air filter (1 is provided, OK for 1 year); *SND* - pre-wired, metal-grilled stereo speakers to hookup to your sound system; *NIR* - add a “near-infrared”* heat lamp in the ceiling; or *C* – add locking casters.

*NIR is the “shortwave” infrared - heat rays of sunlight entering a window, for example, that warms our skin upon contact.

The Glass/Wood Choices

Each model has a standard amount of glass, listed in the “Detail Sheet” chart under “GL.” You can change the amount of glass by selecting a “GL” option at no extra cost. Wooden walls retain heat slightly better than glass panels. The abbreviations used for the glass options are:

GLD:	an all-wood room with a glass door.	GL3:	glass on the front and both sides.
GL1:	glass in the door and the front wall section(s).	GL4:	glass sections all the way around.
GL2:	glass on the front and 1 side, or on the approximate front ½ of the A+, M1 or M2.		

Model Details

The Traditional Saunas

The Heaters

The stone heaters are UL/CSA-approved, deluxe stainless steel models with a thermostat, timer, and over-heat protection. The hot stones emit FIR abundantly and allow for humidity control. The air is charged with refreshing negative ions when the stones are moistened.

RB's are far-infrared heated "Radiant Backrests" used in "combination saunas". They can be re-positioned to "target" each side of the torso, or turned against a side wall so you can stretch out and retain the ideal FIR exposure upon the back. You can also sit in-between two *RB*s that are turned to face each other to create a "sandwiching" effect, creating more far infrared exposure than is encountered in many FIR saunas! Each *RB* has built-in FIR intensity control. They produce FIR energy primarily in the 4-14 micron range.

The A Model

The *A* model is a comfortable, personal Finnish sauna. A filler panel can be used to create a raised footrest, as shown below. FIR options include an *RB* and a FIR heater underseat (*XIR*). The Finnish heater is a choice based on the circuit: a 20-amp, 120V or a 20-amp, 240V. Adding FIR requires a 2nd circuit (15-amp, 120V).



**A Model – with the *RB*
turned to view**

The C Model

The *C* is a long personal sauna that allows reclining for a short person and leg extension for a tall person. It is 3' deep by 5'4" long. One sits to one side and faces the other side. The stone heater is in the far rear corner, away from the bather. A footrest is positioned in front of the heater, with a guard around it, at the same level as the bench. One can sit with their feet on the ground or link the ends with a small filler section, as shown below, to make one full-length bench.



Filler section in raised position

The M Models

The *M* models are larger traditional saunas. Their height is increased to 6'5". The main bench is raised so the heat from the stones is experienced most effectively. The standard *M1* and *M2* models have windows on the front and sides (*GL3*); the *M3* is all-wood except for the front (*GL1*). These units use authentic Finnish, stainless steel stone heaters (240V). Radiant Backrests can be added within general limits: the *M1* can use 1-4 *RBs*, and both the *M2* and *M3* can use 1-5. Extra FIR heaters for the back of the legs can be added under the rear bench.

M1

The *M1* is 4'7" deep by 6'2" wide. The main, rear bench is 5'10" long. A lower 4' 2" bench runs front-to-back along the right side wall, under the rear bench. This yields a temperature variance of about 15°F between levels, which is often ideal for couples bathing together, so they each have their own personal comfort zone.



This *M1* model includes 2 Radiant Backrests

M2

The ***M2*** model is the same 4'7" deep as the ***M1***, but it is 7'6" wide. It has an elevated "L" bench of 4'2" x a full 7'. A lower level, with a step and a seat, parallels the upper seating. This is a comfortable sauna room for 3 or 4, and it will accommodate a very tall bather who desires to recline in the sauna.



An *M2* model with 3 Radiant Backrests

M3

The ***M3*** model, our largest, is 5'9" deep by 7'6" wide. This family-sized sauna allows for a full twin set of high and low L-shaped benches, including two full 7' long spans.



An *M3* model with 3 Radiant Backrests

Wooden backrests are automatically included if RB's are not included.

The Combination Model - A+

The A+ model is a versatile 2-person sauna integrating the benefits of FIR with the desirable features of authentic Finnish heating - “the best of both”. Two circuits are required to use both heating systems simultaneously. Use it as a far-infrared sauna by turning the thermostat to FIR temperature levels, or raise the temperature or moisten the stones to your personal comfort.

Along with an enhanced level of FIR exposure from the emitters is the fact that the sauna stones broadcast far infrared energy throughout the sauna at the equivalent of about 4 emitters. This is never mentioned by FIR sauna sellers, who tend to compare the sauna types in a black and white fashion, but heating these mineral-laden stones for their infrared output has always been an essential component of traditional saunas.

Note: the 2 photos to the right show our older 3-emitter RBs which were replaced with the single taller FIR heater.



A+ for 2 bathers



Stretch out, retain FIR upon the back



The FIR “sandwich”

The FIR Saunas - Our Far Infrared Heaters

Heavenly Heat uses ceramic-coated stainless steel heaters because they are stronger and larger than solid ceramic emitters, and they emit FIR at an even higher rate than the highly regarded solid ceramics do. The ceramic is a glaze of clay and minerals based on the patented Japanese formula used to create the original FIR saunas.

Consumers should be wary of false claims that carbon heaters are superior. A phony claim is made that they provide more FIR because they are bigger. In reality, they spread out the same electrical power as found in other saunas over larger surfaces which dilutes the power and creates weaker heaters that provide much less FIR exposure per area than ceramics do. Both carbon and ceramics are very good at radiating FIR energy. It doesn't matter if the heaters are made with carbon or with ceramics, or if you mix the two together, the result is the same because of the design of the heaters: they are too weak. This negative factor is compounded by poor room designs in which substantial areas of these spread-out heaters are not in direct line with any bather. So, much of the already weak FIR output fails to directly strike anyone's body and is “wasted”. It is hard to imagine poorer FIR heating systems!

Features of Our FIR Saunas

Our FIR models are larger and more comfortable than most far infrared saunas.

Far infrared energy is well-absorbed by the body and very fast-acting. Our FIR sauna's rapid body-warming triggers profound sweating at low temperatures to enhance the detox process. A safety concern with FIR saunas is that speedier detox is not always desirable. So, to assure both comfort and optimal safety - especially for children, ill folks, and beginners, *Heavenly Heat* takes the invaluable precaution of making the intensity of the IR from each wall heater controllable from within the sauna.

A common weakness in FIR saunas is poor venting. Infrared energy does not heat air, so it is difficult to allow much cooler outside air into the sauna to replace the stale air. In all *Heavenly Heat* FIR saunas, outside air is channeled through each wall heater so fresh warm air constantly enters the sauna to displace the contaminated air. The stale air is purified by a carbon filter as it leaves the sauna. There is no need for noisy fans or air cleaners, which are indicators of inadequate ventilation. Proper ventilation is another key for healthful sauna detox.

The FIR Models

FIR1

The ***FIR1*** is a personal sauna that surrounds the bather with 6 FIR heaters for full exposure. It's the most powerful detox sauna room made as no other FIR sauna provides this degree of body coverage. There are 3 heaters just for the legs – not off in corners as is typical, but aligned directly in front of and behind both lower legs. A 4th heater is at the back, plus one is positioned vertically for each side of the upper body.

The ***FIR1*** is very comfortable: all 3 upper body heaters have intensity-control; the seat is extra-deep; there is over 20" of leg room with a footrest to keep your feet near the base of the heaters rather than in the cooler air below them. There are 2 windows - 1 by your side and another in the end wall which you face, above the 2 leg heaters.

This model plugs into a standard, grounded, 15-amp, 110V outlet.



FIR heaters at seat



Outside the FIR1



Overhead Panorama

The small circles are air vents where warmed fresh air is entering the sauna. Similar venting is found in each FIR model.

FIR2 – two versions

The **FIR2DX** provides FIR energy for 2 bathers with 6 heaters. A small heater is at the end of the seat, in the side wall, so a sole bather can stretch out and retain FIR at their back. Most 2-person FIR saunas have no side heater to warm the back in this comfortable position. This is also a safety feature for children as they can adapt gradually by using the smaller heater at their side, with the stronger heater behind them turned off, or down. This model is larger than most 2-person FIR saunas and plugs into a 20-amp, 110V outlet. This is the only model in which pre-wired stereo speakers with metal-grills are automatically included.

For those without a conveniently available 20-amp circuit, the FIR2 model is the same basic design as the FIR2DX but without the end-of-bench heater, and the speakers are optional. It can be used on a standard 15-amp, 110V outlet. The interior dimensions are identical.



Jenny McCarthy loves her FIR2DX:
“Heavenly Heat rocks!”



Standard FIR2-GL1



FIR2DX Overhead

FIR3

At almost 6' long, the **FIR3** is a very spacious 3-person FIR sauna. A single bather is able to recline on a 5'7" long bench. It includes 8 FIR heaters.



FIR 3 over-head view



The standard front



FIR 3 Seating

The FIR4

The 4-person sauna is 54” deep by 73” side-to-side. The foot room is about 21” across. There are 8 heaters – 4 above bench, 4 below. All 4 uppers are intensity controllable. This is a great unit for family & clinical use.



Overhead view. Note the vented, inset heaters



4 heaters per side

- 240V volt heaters can be substituted
- With 240V heaters, larger saunas can be built to-order.

Concluding Remarks

In designing *Heavenly Heat* saunas decades ago, our goal was to create the optimum detox saunas. Our first saunas were the FIR type made entirely of poplar and tempered glass and designed to improve upon all of the shortcomings of the other brands. Our unique construction methods and designs have made us the primary innovators in the industry, from constant air-change systems and the filtering of outgoing air; to increased sizes; larger seats; increased foot-room; fingertip infrared control; non-adhesive construction; secure crating; unique customer options to design their own sauna – including “combination” models, near-infrared heating, and window choices, to building the modular wall panels in more manageable sizes than is typical so you’re not stuck with a sauna that can’t be easily carried up or down stairways. We listen to the doctors who use our saunas and to our customers, and if there’s anything we can reasonably do to improve sauna function, user comfort, or customer service, we do it!

Saunas are not FDA registered as medical devices, but our saunas have been used clinically for decades. Amongst our users are children with autism, folks with lyme disease, chemical sensitivity, cancer, chronic fatigue, fibromyalgia, and numerous other complaints and disorders. While saunas are not necessarily curative of any disease, they have played an important adjunctive role in the regaining of well-being for countless individuals.

The Detail Sheet

Model Type	Description	Model	Room	Size D x W	Main Heating	GL (Glass)	GL Option	Price	RB	Seal
A	<i>Traditional Finnish Saunas</i>	A1	Personal	36" x 50"	1.7 kw	3	D, 1, 2	2,900.	\$200	\$150
		A2			3 kw		D, 1, 2, 4			
M	<i>IR can be added with Options RB, XIR, or NIR</i>	M1	For 2-4.	55" x 74"	6 kw	3	D, 1, 2, 4	4,400.	200	200
		M2	For 2-5	55" x 90"	8 kw	3	D, 1, 2	5,200.	200	225
		M3	Family	69" x 90"	8 kw	1	D, 2	5,800.	200	300
C		C	Personal	36" x 64"	3 kw	3	D, 1, 2, 4	3,300.	200	150
A+	<i>Finnish & FIR Together</i>	A+1	2-person Combo	50" x 51"	1.7 kw	3	D, 1, 2	3,800.	STD (2)	150
		A+2			3 kw		D, 1, 2, 4			
FIR	<i>Far Infrared Saunas</i>	FIR1	Personal	40" x 53"	6 FIR	2	D, 1	3,400.	-	150
		FIR2	2-person	45" x 52"	5 FIR	1	D	3,500.	-	150
		FIR2DX	2-person	45" x 54"	6 FIR	1	D	3,800.	-	150
		FIR3	3-person	45" x 71"	8 FIR	1	D	4,200.	-	175
		FIR4	4-person	54" x 73"	8 FIR	1	D	4,400.	-	175

GL: Standard glass (# of walls with windows); **GL Option:** modify the glass (no charge). In A+, M1 & M2: GL2 can be a glass front and either side or glass on the front half of the sauna. **RB:** FIR backrest. **S:** exterior sealant. **STD** = standard for that model. Sizes are exterior, depth by width. M heights are 6'5"; others: 6'.

Other Options

****NIR:** ceiling heat lamp: \$175. **XIR:** FIR under-seat @ \$100. each. **L:** a light in models with GL2-4: \$75. All GL1's & FIR models have lights. **SND:** Speakers: \$75. (standard in FIR2DX). **A:** an extra air filter: \$25. **C:** casters; in M's: \$200.; in smaller models: \$100.

Heaters & Electrical Specifications

Model	KW	Volts	Amps	Wire Size	Plug	Breaker
A1, A+1	1.7	120	14.1	12	20-amp, 120V*	20
A2, A+2, C	3	240	12.5	12	20-amp, 240V	20
M1	6	240	25	10	Hardwire only	Per local code
M2, M3	8	240	33.3	8	Hardwire only	
FIR1	1.6	120	13.2	12	15-amp, 120V	15
FIR2	1.6	120	13.2	12	15-amp, 120V	15
FIR2 DX	1.8	120	15	12	20-amp, 120V*	20
FIR3	2.1	120	17.0	10	20-amp, 120V	25
FIR4	1.8	120	15.3	10	20-amp, 120V*	20

Use dedicated circuits for all models. For the A+ models, only the stone heater is listed.

The A+ requires 2 circuits: the FIR heaters - as well as those added into M models, require a separate 15-amp, 120V circuit.

*For customer convenience, standard parallel prong plugs are used with a permanent label for 20-amp circuit usage.

**Adding NIR can modify circuit requirements in some models. Please call to discuss.

Note: 240V heating systems are available for all FIR models.

Shipping Fees – within the continental US

Fee	\$150	\$225	\$300
Model	A, C, A+	M1	M2, M3
	FIR1, FIR2, FIR2DX	FIR3	FIR4

For shipments to Canada, add \$150. To Alaska, add \$300.; to Hawaii, add \$350. For other locales, please request a quote.

Terms of Sale

Each sauna is built to-order. Allow 4 weeks to ship, but 2-3 weeks is average. Orders are placed by a 50% payment. The balance is due upon shipping. With the exception of fully customized units, returns of domestic shipments are accepted with a full refund if shipped back to our factory within 30 days of receipt in as-new condition, at the customer's expense. Each sauna has a lifetime warranty on materials and workmanship. Warranty details are mailed upon request. Each sauna is insured in-transit. We reserve the right to make design modifications as needed. *Use saunas for therapeutic purposes only under a physician's guidance.*

Heavenly Heat's saunas and/or equipment have been purchased by:

A partial listing

The Environmental Health Center - Dallas	Dr. William Rea*
The Nova Scotia Environmental Health Center (EHC Canada)	Dr. Phil DeMio+
Sue Thomas, co-founder, <i>Autism Society of Boulder County</i>	Dr. Paul Cheney
The American Environmental Health Foundation	Jenny McCarthy
Dana Gorman, founder, <i>Defeat Autism Yesterday</i>	Prof. Boyd Haley
Kevin Trudeau (author, <i>Natural Cures They Don't Tell You About</i>)	Dr. Kurt Woeller
Dr. John Diamond (author of numerous natural health books)	Dr. Lynne Mielke
Ann Jackson (Director, Environmental Health Association)	Dr. Bryan Jepson
Brian Clement (owner, The Hippocrates Health Institute)	Dr. Geoffery Ames
Dr. Jacqueline Krohn (author, <i>Natural Detoxification</i>)	Erin Brockovich
The San Diego Padres Baseball Club	Dr. Karima Hirani
Bastyr University of Naturopathic Medicine	Dr. Phil Ranheim*
The Response Team for the Chemically Injured	Dr. Erica Elliott
Paula Baker La Porte (author, <i>Prescriptions for a Healthy House</i>)	Dr. Amy Holmes
Dr. Kumar Biswas, Aqua Terra Natural Health Center	Dr. James Neubrandner
Clairre Farr (founder, Klaire Labs)	Dr. Jeanne Hubbuch
Dr. Ann McCampbell (Chair, Multiple Chemical Sensitivities Task Force of New Mexico)	Dr. Amy Davis
Brenda O. Brown (author, <i>Dying in the Land of Plenty</i>)	Dr. Ron Parks
Dr. Myra Shayevitz, (author, <i>A Clinician's Experience in the Diagnosis and Treatment of Gulf Veterans</i>)	Dr. Jennifer Armstrong*
Pride & Joy Resort (for the chemically sensitive)	Dr. Kalpana Patel
Connie Fox (mercurymadness.info)	Dr. Rhett Bergeron
Champion Medical Center of NYC (9/11 rescue workers, " <i>The NY Detox Project</i> ")	Dr. Susan Tanner
Lance Brubaker (www.netphysician.com) (www.genoxinc.com)	Dr. Zane Gard
Health-Med (Dr. David Root)	Dr. Roy Fox
Dr. Robin Bernhoft, The Environmental Health Center - Ojai	Dr. Adrienne Sprouse
Marilee Nelson, The House Doctors/Environmental Health Services	Dr. Cindy Schneider
The Edelson Center for Environmental & Preventive Medicine	Dr. Walter Crinnion
Alan Bell, founder, Environmental Health Foundation	Dr. Claire Reindeau
<i>Gulf Coast Detox Project</i>	Dr. Anne Stewart
<i>Heroes Health Fund</i> – 9/11 Rescue Workers, Long Island, NY	Dr. Nick Parasson

Heavenly Heat is recommended in books by: Dr. Jacqueline Krohn, Dr. Doris Rapp*, Brenda Brown, Dr. Mark Schauss, Carolyn Gorman, Dr. Nenah Sylver, Dr. Pamela Reed Gibson, Dr. Larry Wilson, Dr. Marianne Marchese, Dr. Nicola McFadzean, Dr. Jerry Kartzinel, Jenny McCarthy, & Marilyn McKiver.

Heavenly Heat has been recommended by: Dr. Julie Buckley, Dr. Larry Kaplan+2, Dr. Nancy White, Dr. Anju Usman, Dr. Tipu Sultan, Dr. Eric Sletten, Dr. Nancy O'Hara, Dr. Andrew Levinson, Dr. William Rea, Dr. Kalpana Patel, Dr. Allan Lieberman, Dr. Grace Ziem, Constantine Kotsanis, Dr. Steven Harris, Dr. Daniel Newman, Dr. Gerald Natzke*, Dr. Andrew Moulden, Dr. David Buscher*, *Generation Rescue*, Dr. Timothy Callaghan, Dr. Jeremy Baptist, Dr. Dietrich Klinghardt, and many other healthcare professionals.

Heavenly Heat saunas are used in: Belgium, Denmark, Columbia, The Netherlands, Germany, India, Japan, Singapore, South Korea, China, Norway, Scotland, Mexico, Thailand, New Zealand, The UK, and Australia.

* President or past president, American Academy of Environmental Medicine.
+ Chief Medical Officer, US Autism and Asperger Association
+2 Founder & Director, US Autism and Asperger Association

Heavenly Heat

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