

“Environmental Medicine Shows Promise for Treating Chronic Disease.”
— National Institute of Environmental Health Sciences (NIEHS)

In 2016 *The Doctors* television program selected Dr. Lisa Nagy M.D. to discuss the suicide of an EMF-sensitive teenager in England. No one had believed the girl’s claims that she couldn’t tolerate the industrial Wi-fi at her school, and in her frustration she took her life.

A national expert on electromagnetic field sensitivity, Dr. Nagy was originally trained as an emergency room physician. In 2000 she was diagnosed with symptoms typical of ALS (amyotrophic lateral sclerosis), which is always lethal. One morning she woke up gasping for air and realized the source of her discomfort was the ceiling fan. (Anything that spins produces a magnetic field—a fact of physics—and when a person’s cells are damaged, he or she is more prone to react to these fields.) Dr. Nagy’s journey of medical discovery gave her insights into our ability to get to the cause of many diseases—through environmental medicine.

Nightline interviewed Dr. Nagy at the start of her controversial dramatic recovery in 2006. Since overcoming her own illness, Dr. Nagy has made it her mission to alert the medical community as well as the public to underestimated environmental hazards, and to help others recognize and treat toxic injury, which overwhelmingly affects women. She is now the government liaison to the American Academy of Environmental Medicine and serves as a member of a roundtable on building and health at the National Institute of Health.

Shows like *Better Call Saul* are helping to bring EMF sensitivity to public consciousness. Electromagnetic fields, chemicals, indoor molds, and other environmental toxins can lead to health problems including ADD, autoimmune diseases, food sensitivities, depression, anxiety, and chronic fatigue.

Ample significant research linking environmental toxicity to sickness is not reaching the medical community quickly enough. It took 20 years of warnings by environmental physicians for BPA to be removed from the marketplace, and only in 2018 will Purell be taken off shelves by the FDA because it contains triclosan.

The average housewife is more aware than her physician of the health effects of everyday products in the home, and the public is dragging this issue forward.

As illustrated in the attached list of prevalence rates, published by the National Academy of Sciences and other groups, chemical sensitivity is shockingly common in the US:

- 70% of women over 40 have mild to severe sensitivity to chemicals. (As Dr. Nagy explains, symptoms develop when hormones decline in perimenopause and environmental exposures add up.)
- 4% of the US population is completely disabled due to environmental illness; it is an accepted disability by the US government.
- 15% of the US population is environmentally ill.
- 30% of the elderly and 30% of deployed veterans also suffer from environmental illness.

As Dr. Nagy explained on *The Doctors*, it is dangerous to wear a cell phone on the body. She noted that one of the first symptoms of EMF sensitivity is having a cell phone heat up in your hand. Other common symptoms of environmental sensitivity are:

- Sensitivity to clothing tags at the back of your neck;

- Intolerance to the tightness of bras;
- Dislike of the detergent aisle at the grocery store;
- Dislike of fluorescent lights;
- Headaches after drinking red wine;
- The need to sleep with the window open.

In 2016, Dr. Nagy was the first Environmental Medicine physician to be invited to speak at the National Institute of Environmental Health Sciences (NIEHS). There she and colleagues presented on obesity, Wi-fi exposure, and mold toxicity as related to increasing environmental sensitivities in the population. The NIEHS article based on Dr. Nagy's presentation was entitled "Environmental Medicine Shows Promise for Treating Chronic Disease" (see attached).

Dr. Nagy's presentation of Environmental Medicine treatment methods to the Congressional Subcommittee on Veterans' Health may well have played a role in the allocation of \$100 million in funding for research into toxic exposure in veterans.

Now in Massachusetts Dr. Nagy is working with legislators to pass five bills related to the health effects of wireless radiation on children. Dr. Nagy has been published in *The Women's Health Activist*, *LA Yoga*, and numerous medical newsletters. Articles on her amazing recovery and groundbreaking work have appeared in the *Cleveland Plain Dealer* and in a Cornell Medical and University of Pennsylvania alumni magazines. She is available to write articles on:

- Massachusetts's pioneering legislation on Wi-fi technology and health
- EMFs (electromagnetic fields) and their effects

- Mold and depression
- Increased sensitivity to perfume as women pass age 40
- How lack of oxygen makes women intolerant of bras
- How to create a truly less toxic home (from the physician's point of view)

The public deserves to know the cause of their symptoms. Your publication can play a vital role in helping people to help themselves.

Thank you for your consideration in helping to spread the word and save lives!

Lisa Lavine Nagy M.D.
Environmental Health Center of Martha's Vineyard
24 Cournoyer Road
West Tisbury, MA 02575**

Office Phone: (508) 693-1300

Office Fax: (508) 693-1305

Cell: (310) 213-5472

center@nagy1.com

<http://www.lisanagy.com>

Video Links:

<https://www.youtube.com/watch?v=9qWLM7pMR2E> NIEHS 2016 Landmark Government Lecture

<https://www.youtube.com/watch?v=XOdO5bpSJaY> Young Man Testimonial after 5 days

https://www.youtube.com/watch?v=kz6tTObAv_0 Cleveland Clinic Data Lecture

<https://www.youtube.com/watch?v=yhy4DNuvyTk> Penn Med Part 2